

## WHAT ARE ESSENTIAL OILS?

- Essential oils are natural aromatic compounds found in the seeds, bark, stems, roots, flowers, and other parts of plants.
- 50 to 70 times more potent than herbs.
- Essential oils have been used throughout history in many cultures for their medicinal and therapeutic benefits.

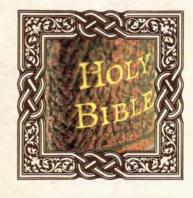


## **ESSENTIAL OILS IN HISTORY**

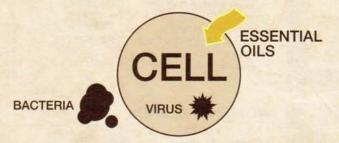
- Egyptians used essential oils for medicine, religious ceremonies, beauty treatments, and in food.
- Frankincense and myrrh were gifts of the wise men, and were considered very valuable for their healing properties.
- Frankincense, sandalwood, myrrh, and cinnamon were considered very valuable cargo along caravan trade routes and were often valued more than gold.

## ESSENTIAL OILS IN THE BIBLE

- Referenced in 36 of the 39 books of the Old Testament and 10 of the 27 books of the New Testament.
- Mentioned more than 500 times in the Bible.
- Proverbs 21:20 "There is treasure to be desired and oil in the dwelling of the wise"
- Revelation 22:2 "and the leaves of the tree were for the healing of the nations"
- Mark 6:13 "anointed with oil many that were sick, and healed them"



## KILLS VIRUSES AND BACTERIA



- Synthetic drug molecules are too large to penetrate the cell membrane, therefore they are too large to kill viruses in the cell.
- Molecules are so small they can penetrate the cell wall and kill viruses and bacteria.
- Essential oils work on the cellular level and can cross the blood-brain barrier.

# GRADES OF ESSENTIAL OILS: WHY CERTIFIED PURE THERAPEUTIC GRADE?

- CERTIFIED Pure Therapeutic Grade essential oils are sourced from indigenous regions throughout the world.
- CERTIFIED Pure Therapeutic Grade essential oils are guaranteed to be 100% pure, natural, and free of synthetic compounds or contaminates and are beyond organic.
- CERTIFIED Pure Therapeutic Grade essential oils are subjected to rigorous 3rd party laboratory testing to ensure purity and potency.



GRADES OF ESSENTIAL OILS

## THREE METHODS OF USE:



## INTERNAL:

- Only Certified Pure Therapeutic Grade essential oils are taken internally
- · Take directly in mouth, veggie cap, or water • For internal use look
- for Supplement Facts on the label



## AROMATIC:

- Use an essential oil diffuser, or inhale directly
- · Cleanses the air
- Opens airways
- Affects mood



## TOPICAL:

- · Apply to bottom of feet, can enter circulatory system within 30 seconds
- · Apply to localized area
- · Dilute with carrier oil, such as fractionated coconut oil, as needed



#### FRANKINCENSE:

- Anti-cancer studies
- Anti-depressant
- Anti-agingAnti-inflammatory
- Strengthens Immune System
- · When in doubt, use frankincense



## MYRRH:

- Anti-cancer studies
- Liquid band-aid
- · Gingivitis, mouth ulcers
- Sore throat
- · Healing to skin
- Hemorrhoids



#### LAVENDER:

- Headaches
- · Heals burns, cuts, wounds
- Insect bites, stings
- Eczema/Dermatitis
- · Induces relaxation, relieves insomnia
- · Allergies, powerful antihistamine
- Anti-anxiety



## SANDALWOOD:

- Helps heal wounds and scar tissue
- Anti-cancer studes
- Anti-inflammatory
- Anti-aging
- Bladder-infection
- Hemmorrhoids
- Sore throats
- · Depression, anxiety



#### CYPRESS:

- · Cypress trees can live to be 400 years old
- Regulates blood flow
- Controls nosebleeds
  Menstrual pain and excessive bleeding
- · Strengthening to circulatory system
- Increases white blood cell production
- Enhances immune support



## CASSIA:

- Reduce blood alucose, studies for type 2 diabetes
- · Colds, fever, flu
- Anti-inflammatory
- Anti-viral
- Anti-bacterial



## ROMAN CHAMOMILE

- · Anxiety, PTSD, depression
- Restless leg
  Nerve pain, inflammation or fatique
- Muscle spasms, cramps, tension
- Insomnia
- Parasites
- · Dermatitis, eczema



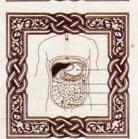
#### SOOTHING BLEND:

- Arthritis
- · Joint and muscle pain
- Strong Anti-inflammatory
- Back pain
- · Carpal tunnel pain
- Excercise pain and soreness
- Sports injury

German Chamomile Blue Tansy

Camphor Helichrysum Osmanthus

Peppermint Wintergreen



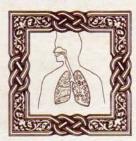
### DIGESTIVE BLEND:

- Acid reflux
- Indigestion
- Abdominal pain
- Diarrhea
- Constipation
- Irritable bowel

Anise Caraway Coriander Fennel

Peppermint Tarragon

Ginger



## RESPIRATORY BLEND:

- Asthma
- Opens ariways and sinuses
- Apply to chest and bottom of feet for seasonal allergies
- Respiratory discomfort

Eucalyptus Laurel leaf Lemon Melaleuca Peppermint Ravensara



## WOMEN'S BLEND:

- Natural perfume
- · Depression, anxiety, stress, tension
- Regulates hormones

Bergamot Cinnamon Cistus absolute Jasmine absolute Patchouli Rose absolute Sandalwood Ylang Ylang complete



- Related to Cinnamon



#### PROTECTIVE BLEND:

- Immune support
- · Prevents colds, flu
- Diffuse to kill airborne pathogens
  Contains Clove Oil
- Blueberry scored 2,500 Wolf Berry scored 25,000 Clove Oil scored 1.078.000

Oxygen Radical Absorption Capacity (ability to absorb free radicals)

Cinnamon Clove Bud Eucalyptus Rosemary Wild Orange